



# THE WESTON STAR

*Luxury Carefree Living for Active Seniors*

*The Palace at Weston Assisted Living*

**MAY 2026**



## *A Message from Helen*

*Any problems, issues, or other questions?*

*Call me on my cell at: (786) 556-9009*

*or e-mail me at:*

*Helen@ThePalace.org*

*Please leave your name and  
apartment number.*

*- Love, Helen Shaham*

*Owner, The Palace Group*

## **SPECIAL PROGRAMS & EVENTS IN**

# **MAY**

## **Welcome MAY!**

May is a beautiful reminder to celebrate the love, strength, and endless care that mothers bring into our lives. This month, we honor all the incredible moms, grandmothers, and mother figures who have shaped generations with their wisdom, kindness, and unwavering devotion. Their stories, sacrifices, and laughter are truly the heart of our community, and we are so grateful to celebrate them every day especially during this special time of year.

As we embrace the joy of May, we're also turning up the fun with a festive Cinco de Mayo Theme Night! Get ready for an evening filled with vibrant music, delicious bites, colorful décor, and lively energy that brings everyone together. It's the perfect way to celebrate culture, community, and the spirit of togetherness.

Here's to a month full of love, appreciation, and unforgettable moments!

Warmly,

Your Activity Team, Lina & Brianna

**STRETCH AND FLEX WORKOUTS  
EVERY MORNING AT 10:00 AM**

**OUTING EVERY THURSDAY:  
RESTAURANTS, THEATRES,  
AND MUSEUMS.**

**THURSDAY NIGHT SHOWS:  
PALACE THEATRE at 7:00 PM**

**ART CLASS EVERY MONDAY:  
ACTIVITY ROOM at 11:00 AM**

**LECTURES EVERY SATURDAY:  
PALACE THEATRE at 2:00 PM**

**FLOWER CLUB EVERY  
MONTH:  
PALACE THEATRE AT 11: 00 AM**

**THE PALACE AT WESTON  
16025 EMERALD ESTATES DR.  
WESTON, FL 33331**

**PHONE: (954) 217-2000**

*A Wizard of Oz Easter*



# THE PALACE CLUBS

## CROCHET KNITTING

**WHEN?** TUESDAY'S AT 11:00AM

**WHERE?** ACTIVITY ROOM

FOR  
BEGINNERS



## DIY CREATIVE WORKSHOP

Unleash your creativity with  
fun & easy craft projects

FRIDAY AT 11:00AM

ACTIVITY ROOM



# Flower Club


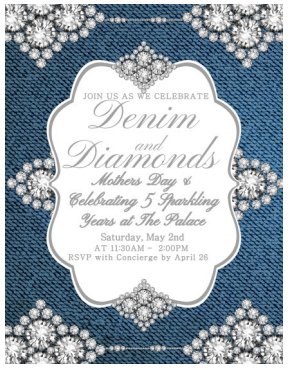
Palace Theatre | 11:00 AM | Wednesdays

A collage of various flowers, including pink roses and yellow daisies, with a drawing of a flower in the background.

## JEWELRY CLUB BASICS CLASSES

WENESDAYS AT 11:00AM  
PALACE THEATRE

A collection of jewelry-making supplies including beads, string, a spool of thread, and pliers, arranged on a wooden surface.

| SUNDAY  | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  | SATURDAY   |
|---|---|---|---|---|---|--|
|   |   |   | <h1>MAY</h1>  |   | <p>1</p> <p>10:00 am Stretch and Flex<br/>11:00 am Ted Talk Lecture Video<br/>02:00 pm Silver Sneakers<br/>02:00 pm Knitting for Charity<br/>02:00 pm Shabbat Service<br/>03:00 pm Big Time Bingo<br/>04:30 pm Happy Hour<br/>07:00 pm Poker Players Meet<br/>07:00 pm Movie Night</p>  | <p>2</p>    |
| <b>Calendar is subject to change. Please check daily digital display for updates</b>  |   |   |   |   |   |  |
| <p>3</p> <p>10:45 am Virtual Catholic Mass<br/>11:00 am Polish &amp; Pamper you Nails<br/>11:15 am Cardio with Isabel<br/>02:00 pm Spanish Bingo Game<br/>03:00 pm Big Time Bingo<br/>04:30 pm Happy Hour<br/>07:00 pm Movie Night</p>                              | <p>4</p> <p>10:00 am Stretch and Flex<br/>11:00 am Creative Art Club<br/>11:00 am HBO Podcast<br/>01:30 pm Poker Players Meet<br/>02:00 pm Silver Sneakers<br/>02:00 pm Left Right Center<br/>03:00 pm Big Time Bingo<br/>04:30 pm Happy Hour<br/>07:00 pm Movie Night</p>                  | <p>5 <b>Cinco De Mayo! Theme Night</b></p> <p>10:00 am Stretch and Flex<br/>11:00 am Coffee &amp; Smart Talk<br/>02:00 pm Canasta &amp; Bridge<br/>02:00 pm Silver Sneakers<br/>02:00 pm Balloon Volleyball<br/>03:00 pm Big Time Bingo<br/>04:30 pm Happy Hour<br/>07:00 pm Movie Night</p>          | <p>6</p> <p>10:00 am Stretch and Flex<br/>11:00 am Bowling &amp; Cornhole<br/>01:30 pm Horticulture Club<br/>02:00 pm Silver Sneakers<br/>03:00 pm Big Time Bingo<br/>02:00 pm Balloon Volleyball<br/>04:30 pm Happy Hour<br/>07:00 pm Poker Players Meet<br/>07:00 pm Movie Night</p>  | <p>7</p> <p>10:00 am Stretch and Flex<br/>11:00 am Palace Outing...<br/>11:00 am Music Therapy<br/>02:00 pm Silver Sneakers<br/>03:00 pm Big Time Bingo<br/>04:00 pm Popcorn &amp; Matinee<br/>04:30 pm Happy Hour<br/>07:00 pm Palace Presents....</p> | <p>8</p> <p>10:00 am Stretch and Flex<br/>11:00 am DIY Project Crafts<br/>02:00 pm Silver Sneakers<br/>02:00 pm Shabbat Service<br/>03:00 pm Big Time Bingo<br/>04:30 pm Happy Hour<br/>07:00 pm Poker Players Meet<br/>07:00 pm Movie Night</p>  | <p>9</p> <p>10:00 am Fit &amp; Balance<br/>11:00 am Color Theory Painting<br/>02:00 pm Lecture<br/>02:00 pm Brain Tease Trivia<br/>03:00 pm Big Time Bingo<br/>04:30 pm Happy Hour<br/>07:00 pm Movie Night</p>  |
| <p>10 <b>Happy Mother's Day!</b></p> <p>10:45 am Virtual Catholic Mass<br/>11:00 am Polish &amp; Pamper your Nails<br/>11:15 am Cardio with Isabel<br/>02:00 pm Spanish Bingo Game<br/>03:00 pm Big Time Bingo<br/>04:30 pm Happy Hour<br/>07:00 pm Movie Night</p> | <p>11</p> <p>10:00 am Stretch and Flex<br/>11:00 am Pottery Club<br/>11:00 am HBO Podcast<br/>01:30 pm Poker Players Meet<br/>02:00 pm Silver Sneakers<br/>02:00 pm Resident Teaches Craft<br/>03:00 pm Big Time Bingo<br/>04:30 pm Happy Hour<br/>07:00 pm Movie Night</p>                 | <p>12 <b>RESIDENT COUNCIL!</b></p> <p>10:00 am Stretch and Flex<br/>11:00 am Resident Council<br/>02:00 pm Canasta &amp; Bridge<br/>02:00 pm Silver Sneakers<br/>02:00 pm Balloon Volleyball<br/>03:00 pm Big Time Bingo<br/>04:30 pm Happy Hour<br/>07:00 <b>Cinema &amp; Pizza Slice Night!</b></p> | <p>13</p> <p>10:00 am Stretch and Flex<br/>11:00 am Jewelry Club<br/>01:30 pm Horticulture Club<br/>02:00 pm Canasta &amp; Bridge<br/>02:00 pm Silver Sneakers<br/>02:00 pm Balloon Volleyball<br/>03:00 pm Big Time Bingo<br/>04:30 pm Happy Hour<br/>07:00 pm Poker Players Meet</p>  | <p>14</p> <p>10:00 am Stretch and Flex<br/>11:00 am Palace Outing...<br/>11:00 am Music Therapy<br/>02:00 pm Silver Sneakers<br/>03:00 pm Big Time Bingo<br/><b>03:00 pm Book Club</b><br/>04:00 pm Popcorn &amp; Matinee<br/>04:30 pm Happy Hour</p>   | <p>15</p> <p>10:00 am Stretch and Flex<br/>11:00 am Ted Talk Lecture Video<br/>02:00 pm Silver Sneakers<br/>02:00 pm Shabbat Service<br/>02:00 pm Knitting for Charity<br/>03:00 pm Big Time Bingo<br/>04:30 pm Happy Hour<br/>07:00 pm Poker Players Meet<br/>07:00 pm Movie Night</p> | <p>16</p> <p>10:00 am Fit &amp; Balance<br/>11:00 am Color Theory Painting<br/>02:00 pm Lecture<br/>02:00 pm Brain Tease Trivia<br/>03:00 pm Big Time Bingo<br/>04:30 pm Happy Hour<br/>07:00 pm Movie Night</p> |
| <p>17</p> <p>10:45 am Virtual Catholic Mass<br/>11:00 am Polish &amp; Pamper your Nails<br/>11:15 am Cardio with Isabel<br/>02:00 pm Spanish Bingo Game<br/>03:00 pm Big Time Bingo<br/>04:30 pm Happy Hour<br/>07:00 pm Movie Night</p>                            | <p>18</p> <p>10:00 am Stretch and Flex<br/>11:00 am Creative Art Club<br/>11:00 am HBO Podcast<br/>01:30 pm Poker Players Meet<br/>02:00 pm Silver Sneakers<br/>03:00 pm Big Time Bingo<br/>02:00 pm Left Right Center<br/>04:30 pm Happy Hour<br/>07:00 pm Movie Night</p>                 | <p>19 <b>Ice Cream in the Terrace!</b></p> <p>10:00 am Stretch and Flex<br/>11:00 am Coffee &amp; Smart Talk<br/>02:00 pm Canasta &amp; Bridge<br/>02:00 pm Silver Sneakers<br/>02:00 pm Balloon Volleyball<br/>03:00 pm Big Time Bingo<br/>04:30 pm Happy Hour<br/>07:00 pm Movie Night</p>          | <p>20</p> <p>10:00 am Stretch and Flex<br/>11:00 am Flower Club<br/>01:30 pm Horticulture Club<br/>02:00 pm Silver Sneakers<br/>02:00 pm Balloon Volleyball<br/>03:00 pm Big Time Bingo<br/>04:30 pm Happy Hour<br/>07:00 pm Movie Night<br/>07:00 pm Poker Players Meet</p>            | <p>21</p> <p>10:00 am Stretch and Flex<br/>11:00 am Palace Outing...<br/>11:00 am Music Therapy<br/>02:00 pm Silver Sneakers<br/>03:00 pm Big Time Bingo<br/>04:00 pm Popcorn &amp; Matinee<br/>04:30 pm Happy Hour<br/>07:00 pm Palace Presents...</p> | <p>22</p> <p>10:00 am Stretch and Flex<br/>11:00 am DIY Project Crafts<br/>02:00 pm Silver Sneakers<br/>02:00 pm Shabbat Service<br/>03:00 pm Big Time Bingo<br/>04:30 pm Happy Hour<br/>07:00 pm Poker Players Meet<br/>07:00 pm Movie Night</p>                                       | <p>23</p> <p>10:00 am Fit &amp; Balance<br/>11:00 am Color Theory Painting<br/>02:00 pm Lecture<br/>02:00 pm Brain Tease Trivia<br/>03:00 pm Big Time Bingo<br/>04:30 pm Happy Hour<br/>07:00 pm Movie Night</p> |
| <p>24</p> <p>10:45 am Virtual Catholic Mass<br/>11:00 am Polish &amp; Pamper your Nails<br/>11:15 am Cardio with Isabel<br/>02:00 pm Spanish Bingo Game<br/>03:00 pm Big Time Bingo<br/>04:30 pm Happy Hour<br/>07:00 pm Movie Night</p>                            | <p>25 <b>Memorial Day!</b></p> <p>10:00 am Stretch and Flex<br/>11:00 am Pottery Club<br/>11:00 am HBO Podcast<br/>01:30 pm Poker Players Meet<br/>02:00 pm Silver Sneakers<br/>03:00 pm Big Time Bingo<br/>02:00 pm Left Right Center<br/>04:30 pm Happy Hour<br/>07:00 pm Movie Night</p> | <p>26</p> <p>10:00 am Stretch and Flex<br/>11:00 am Coffee &amp; Smart Talk<br/>02:00 pm Canasta &amp; Bridge<br/>02:00 pm Silver Sneakers<br/>02:00 pm Balloon Volleyball<br/>03:00 pm Big Time Bingo<br/>04:30 pm Happy Hour<br/>07:00 pm Movie Night</p>   | <p>27</p> <p>10:00 am Stretch and Flex<br/>11:00 am <b>Harry Getzof Lecture</b><br/>01:30 pm Horticulture Club<br/>02:00 pm Silver Sneakers<br/>03:00 pm Big Time Bingo<br/>02:00 pm In Room Visit<br/>04:30 pm Happy Hour<br/>07:00 pm Poker Players Meet<br/>07:00 pm Movie Night</p> | <p>28</p> <p>10:00 am Stretch and Flex<br/>11:00 am Palace Outing...<br/>11:00 am Music Therapy<br/>02:00 pm Silver Sneakers<br/>03:00 pm Big Time Bingo<br/>04:00 pm Popcorn &amp; Matinee<br/>04:30 pm Happy Hour<br/>07:00 pm Palace Presents...</p> | <p>29</p> <p>10:00 am Stretch and Flex<br/>11:00 am Ted Talk Lecture Video<br/>02:00 pm Silver Sneakers<br/>02:00 pm Shabbat Service<br/>03:00 pm Big Time Bingo<br/>04:30 pm Happy Hour<br/>07:00 pm Poker Players Meet<br/>07:00 pm Movie Night</p>                                   | <p>30</p> <p>10:00 am Fit &amp; Balance<br/>11:00 am Color Theory Painting<br/>02:00 pm Lecture<br/>02:00 pm Brain Tease Trivia<br/>03:00 pm Big Time Bingo<br/>04:30 pm Happy Hour<br/>07:00 pm Movie Night</p> |

# BIRTHDAYS IN MAY



*Bun-derful Bunnies...*





*Your New Address:*

16025 Emerald Estates Drive  
Weston, FL 33331

Tel: 754-236-8100



Follow Us On  
**INSTAGRAM**



@thepalaceatweston



**RESTAURANT HOURS**

Breakfast 8:00 - 10:00 am

Lunch 12:30 - 2:00 pm

Happy Hour 4:30 - 5:30 pm

Dinner 5:00 - 7:00 pm

**HEALTH &  
WELLNESS  
GYM HOURS**

Monday–Friday

10:00 AM Stretch & Flex  
2:00 PM–Silver Sneakers