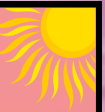




The Gardens Gazette -Memory Care-



Suggestions for your loved one? Feel free to contact me!
Alejandro Medina: Director of Memory Care Activities
amedina@thepalaceus.com (305) 508-6046

May 2026

A Message from Helen



Any problems, issues, or other questions?
Call me on my cell at (786) 556-9009 or e-mail me at Helen@ThePalace.org.
"Please say your name & your apartment number."

~ Love Helen Shaham
Owner, The Palace Group

Happy Birthday!

- 5/6- Margarita A.
- 5/7- Mark H. & Rosemarie B.
- 5/8- Elena A.
- 5/26- Julie G. & Donna B.



Instagram: @thepalacegardens

Facebook: The Palace Gardens

Receive Palace Updates by
Subscribing to our texting
app. Text "Add Me" to
33222

CINCO DE MAYO HAPPY HOUR!
Celebrate with Us!
Join us for a festive Cinco de Mayo celebration featuring:
LIVE MARIACHI • MARGARITAS • MEXICAN-STYLE APPETIZERS

MEMORY CARE PLAZA
Tuesday, May 5, 2026
3:00 PM - 4:00 PM

ASSISTED LIVING PLAZA
Tuesday, May 5, 2026
4:15 PM - 5:15 PM

¡Todos son Bienvenidos!
EVERYONE IS WELCOME!

Kentucky Derby
Mother's Day Party

May 9th from 12 - 2pm

- Horse Interaction
- Live Band
- Photobooth

Please RSVP at 305-247-0446
by Wednesday, May 6th.

Cuban INDEPENDENCE DAY
Happy Hour!

MAY 20TH

MEMORY CARE PLAZA | ASSISTED LIVING PLAZA
3:00 PM - 4:00 PM | 4:15 PM - 5:15 PM

- CUBAN-STYLE APPETIZERS
- LIVE CUBAN ENTERTAINMENT
- MOJITOS

Celebrate the vibrant culture, music, and spirit of Cuba with us!
WE LOOK FORWARD TO SEEING YOU THERE!

Life Pointe x The PALACE GARDENS

JOIN US FOR
NON-DENOMINATIONAL Services

Life Pointe Church brings uplifting, faith-filled non-denominational services at The Palace Gardens. Residents and guests are welcome to gather, worship, and grow together.

EVERY TUESDAY
10:30 AM | IN THE THEATER

- PRACTICE YOUR FAITH
- COMMUNITY & FELLOWSHIP
- ALL ARE WELCOME






Faith. Community. Right Here at The Palace Gardens.

ALL ARE WELCOME - RESIDENTS & GUESTS

Montessori & 1-on-1 Leisure Activities to Promote Stimulation

- Range of Motion Tools
- Music Players & Soothing Hand Massages
- Remote Operated Cats and Dogs
- Fingerpainting & Watercoloring
- Sensory Fidget Books and Tools
- Abacus Training & Cognitive Activities

Montessori Activities at all tables & Multi:Sensory Room Daily 9:30:5:00p

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Wellness Activities: Orange Sensory Activities: Purple Cognitive Activities: Pink Productive Activities: Red Music Therapy: Blue Pet Therapy: Green</p>	<p>Outings for May: 5/15: Bowling at Hooky's @ 11:00 am 5/22: Farmer's Market Restaurant @ 11:00 am 5/29: The Falls @ 11:00 am</p>			<p>MOTHER DAY </p> <p>MEMORIAL DAY </p>	<p>9:30: Gardening Class with Ale 10:00: Chair Zumba 10:30: Jewelry Design 11:00: Walking Club 11:00: Large Puzzle Assembling 12:00: Lunch 1:30: Creative Exercises with Monica 2:00: Jumbo Jenga 3:00- Happy Hour with Vicky 4:00: Watercolor & Spa</p>	<p>10:00: Kickball 10:30: Baking 11:15: Watercolor & Music 12:00: Lunch 1:30: Singalong with Mark 2:00: Pet Therapy with Endo 3:00: Happy Hour with Suo 4:00: Relaxation Hour at the Garden</p>
<p>10:00 : Chair Zumba 10:30: Balloon Tennis 11:00: Waffle Making Class 11:30: Roll the Dice Topics Game 12:00: Lunch 1:00 Movie Club Hour 2:15 BINGO 3:00: Happy Hour with Ariel 4:00: Watercolor & Spa</p>	<p>10:00: Brain Crunch: Expressions 10:30: Cornhole 11:00: Hora Loca with Arnoldo 12:00: Lunch 1:30: Creative Exercises with Monica 2:00: Canvas Art with Terrie 3:00: Happy Hour with JP 4:00: Relaxation Hour & Aroma</p>	<p>9:30: Ceramics & Karaoke with Terrie 11:00: Walking Club 11:00: Coloring & Music 12:00: Lunch 1:30: Exercise with Monica 2:00: Flower Arranging 2:30: In-Room Flower Arranging/Delivery 3:00: Cinco de Mayo Special Happy Hour 4:00: Hand Massages & Aromatherapy 4:00: In Room Visits: Steel Drums</p>	<p>10:00: Latin Dancing with Katy 11:00: Music Therapy & Blowing Bubbles with Inara 12:00: Lunch 1:30: Exercise with Monica 2:00: Categories Word Game 3:00: Happy Hour with Pamir 4:00: Relaxation at the Garden</p>	<p>10:00: Kickball 10:30: Jeopardy 11:00: Drum Coordination 11:30: Balloon Tennis 12:00: Lunch 1:30: Creative Exercises with Monica 2:00: Piano Trivia with Susan 3:00: Happy Hour with Javier 4:00: Hand Massages & Aroma</p>	<p>9:30: Chair Zumba 10:00: Kickball 10:30: Jewelry Design 11:00: Walking Club 11:00: Large Puzzle Assembling 12:00: Lunch 1:30: Creative Exercises with Monica 2:00: Jumbo Jenga 3:00- Happy Hour with Cassio 4:00: Watercolor & Spa 4:00: In Room Visits: Hand Massages</p>	<p>10:00: Chair Zumba 10:30: Balloon Tennis 11:00: Singalong with Mark 12:00: Kentucky Derby Mother's Day Party! Call to RSVP! 2:00: Bowling 3:00: Happy Hour with Suo 4:00: Relaxation Hour at the Garden</p> 
<p>10:00 : Chair Zumba 10:30: Balloon Tennis 11:00: Waffle Making Class 11:30: Roll the Dice Topics Game 12:00: Lunch 1:00: Movie Club Hour 2:15: BINGO 3:00: Happy Hour with Tony 4:00: Watercolor & Spa</p> <p><i>Happy Mother's Day!</i></p>	<p>10:00: Brain Crunch: Rhymes 10:30: Cornhole 11:00: Pizza Making Class 12:00: Lunch 1:30: Creative Exercises with Monica 2:00: BINGO 3:00: Happy Hour with Gustavo 4:00: Relaxation Hour & Aroma</p>	<p>9:30: Ceramics & Karaoke with Terrie 11:00: Baking Croissants 11:00: Walking Club 12:00: Lunch 1:30: Creative Exercises with Monica 3:00: Happy Hour with Heri 4:00: Hand Massages & Aromatherapy 4:00: In Room Visits: Steel Drums</p> 	<p>10:00: Latin Dancing with Katy 11:00: Penalty Kicks 11:00 Resident Mixer: Top Gun Edition 11:30: Punch that Bag 12:00: Lunch 1:30: Exercise with Monica 2:00: Categories Word Game 3:00: Happy Hour with Anabel 4:00: Relaxation at the Garden</p>	<p>10:00: Kickball 10:30: Mind & Melody Music Therapy with Christian & Sarita 11:30: Balloon Tennis 12:00: Lunch 1:30: Exercise with Monica 2:00: Train your Brain: Math 3:00: Happy Hour with Lici 4:00: Hand Massages & Aroma</p>	<p>9:30: Gardening Class with Ale 10:00: Chair Zumba 10:30: Jewelry Design 11:00: Walking Club 11:00: Large Puzzle Assembling 12:00: Lunch 1:30: Creative Exercises with Monica 2:00: Ball Pit Palooza 3:00- Happy Hour with Tony 4:00: Watercolor & Spa 4:00: In Room Visits: Hand Massages</p>	<p>10:00: Kickball 10:30: Baking 11:15: Watercolor & Music 12:00: Lunch 1:30: Singalong with Mark 3:00: Happy Hour with Javier 4:00: Relaxation Hour at the Garden</p>
<p>10:00: Chair Zumba 10:30: Balloon Tennis 11:00: Waffle Making Class 11:30: Roll the Dice Topics Game 12:00: Lunch 1:00: Movie Club Hour 2:15: BINGO 3:00: Happy Hour with Anama 4:00: Watercolor & Spa</p>	<p>10:00: Brain Crunch: Expressions 10:30: Cornhole 11:00: Hora Loca with Arnoldo 12:00: Lunch 1:30: Creative Exercises with Monica 2:00: Canvas Art with Terrie 3:00: Happy Hour with Pamir 4:00: Relaxation Hour & Aroma</p>	<p>9:30- Ceramics & Karaoke with Terrie 11:00: Walking Club 11:00: Coloring & Music 12:00: Lunch 1:30: Creative Exercises with Monica 2:00: Balloon Volleyball 3:00: Happy Hour with JP 4:00: Hand Massages & Aromatherapy 4:00: In-Room Visits: Steel Drums</p>	<p>10:00: Latin Dancing with Katy 11:00: Music Therapy & Blowing Bubbles with Inara 12:00: Lunch 1:30: Exercise with Monica 2:00: Categories Word Game 2:30: Catch & Throw 3:00: Cuban Independence Day Special Happy Hour 4:00 Relaxation at the Garden</p>	<p>10:00: Kickball 10:30: Jeopardy 11:00: Steel Drum Coordination 11:30: Balloon Tennis 12:00: Lunch 1:30: Exercise with Monica 2:00: Piano Trivia with Susan 3:00: Happy Hour with Victoria 4:00: Hand Massages & Aroma 4:00: In Room Visits: Hand Massages</p>	<p>10:00: Chair Zumba 10:30: Jewelry Design 11:00: Walking Club 11:00: Large Puzzle Assembling 12:00: Lunch 1:30: Creative Exercises with Monica 2:00: Jumbo Jenga 3:00- Happy Hour with Tony 4:00: Watercolor & Spa 4:00: In Room Visits: Hand Massages</p>	<p>10:00: Kickball 10:30: Baking 11:15: Watercolor & Music 12:00: Lunch 1:30: Singalong with Mark 2:00: Pet Therapy with Endo 3:00: Happy Hour with Suo 4:00: Relaxation Hour at the Garden</p>
<p>10:00: Chair Zumba 10:30: Balloon Tennis 11:00: Waffle Making Class 11:30: Roll the Dice Topics Game 12:00: Lunch 1:00: Movie Club Hour 2:15: BINGO 3:00: Happy Hour with Suo/Gustavo 4:00: Watercolor & Spa</p>	<p>10:00: Brain Crunch: Rhymes 10:30: Cornhole 11:00: Pizza Making Class 12:00: Lunch 1:30: Exercise with Monica 2:00: BINGO 3:00: Memorial Day Happy Hour with Liana 4:00: Relaxation Hour & Aroma</p> <p><i>Happy Memorial Day!</i></p>	<p>9:30: Ceramics & Karaoke with Terrie 11:00: Baking Croissants 11:00: Walking Club 12:00: Lunch 1:30: Exercise with Monica 2:00: Flower Arranging 2:30: In-Room Flower Arranging/Delivery 3:00: Happy Hour with Heri 4:00: Hand Massages & Aromatherapy 4:00: In Room Visits: Steel Drums</p>	<p>10:00: Latin Dancing with Katy 11:00: Penalty Kicks 11:30: Punch that Bag 12:00: Lunch 1:30: Exercise with Monica 2:00: Categories Word Game 3:00: Happy Hour with Anabel 4:00: Relaxation at the Garden 5:00: Dominican Republic Gourmet Dinner</p>	<p>10:00: Kickball 10:30: Mind & Melody Music Therapy with Christian & Sarita 11:30: Balloon Tennis 12:00: Lunch 1:30: Exercise with Monica 2:00: Train your Brain: Math 3:00: Happy Hour with Javier 4:00: Hand Massages & Aroma 4:00: In Room Visits: Hand Massages</p>	<p>10:00: Chair Zumba 10:30: Jewelry Design 11:00: Walking Club 11:00: Large Puzzle Assembling 12:00: Lunch 1:30: Creative Exercises with Monica 2:00: Jumbo Jenga 3:00- Happy Hour with JP 4:00: Watercolor & Spa 4:00: In Room Visits: Hand Massages</p>	<p>10:00: Kickball 10:30: Baking 11:15: Watercolor & Music 12:00: Lunch 1:30: Singalong with Mark 2:00: Pet Therapy with Endo 3:00: Happy Hour with Suo 4:00: Relaxation Hour at the Garden</p>

Activities are subject to change.

April in a Flash!

