



May 2024

# The Weston Gazette

## LUXURY LIVING FOR SENIORS

Justin Valdes— Certified Therapeutic Recreation Specialist



### *A Message from Helen*

Any problems, issues, or other questions?

Call me on my cell at (786) 556-9009

or e-mail me at [Helen@ThePalace.org](mailto:Helen@ThePalace.org).

~ Love, Helen Shaham,

*Owner, The Palace Group*

*\*Please say your name and room number.*

### SPECIAL PROGRAMS & EVENTS IN

# May

**Sunday, May 5**

**Mothers Day Family and Friends  
Celebration**

Please reserve by Evite

**Fridays**

**Canine Assisted Therapy  
10:00 (Activity Room)**

**Saturday, May 18th**

**Calvary Chapel Service  
10:00am (Activity Room)**

The Magical Community  
Invites you to a

**CINCO de MAYO**  
**Mothers Day Celebration**

SUNDAY, MAY 5TH at 11:30am

Please reserve by evite no later than  
Monday, April 29th

SPECIAL PERFORMANCE:  
**Mariachi Voces de America**

\*\*\*Please submit no more than 5 of your best  
pictures of mom for a special slide show  
presentation that will play throughout the  
event to [atamayo@thepalaceus.com](mailto:atamayo@thepalaceus.com)

Get ready for the return of our beloved educational series at the Magical Community University! Inspired by the timeless tune of "School Days," residents will embark on a month-long journey of learning, exploring reading, writing, and arithmetic. Designed especially for our esteemed members in their golden years, this series celebrates the joy of lifelong learning. Join us from May through June for engaging activities, culminating in an enchanting graduation ceremony where families will honor our resident's achievements. Let's embrace the magic of education together!



**THE PALACE AT WESTON  
16025 EMERALD ESATES DR.  
WESTON, FL. 33331  
PHONE: (954) 217-2000**

# 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> 10:00 Noreena Lectures 11:00 Belly Dancing w Katy 1:00 Social hour in the Garden 2:00 Music vibes 2:30 Fit body and mind w Alejo 3:00 Happy hour (Piano) 5:00 Oldie Goldie sing along	<b>2</b> 10:00 Music therapy w Trent 11:00 MCU Series: Reading 1:00 Social Hour in the Garden 2:00 Music Vibes 2:30 Fit body and mind w Alejo 3:00 Happy hour (Singer) 5:00 Sensory relief w Justin	<b>3</b> 10:00 CAT Pet Therapy 11:00 Tennis match w Alejandro 1:00 Social hour in the Garden 2:00 Prize Bingo! 2:30 Fit body and mind w Alejo 3:00 Happy hour (Guitar) 5:00 Aero Rumba w Katy	<b>4</b> 10:00 Brainteaser PowerPoint 11:00 Exercise w Alejandro 1:00 Social hour in the Garden 2:00 Fine Motor Skills Training 3:00 Happy hour (Piano) 5:00 Sensory relief w Katy
<b>5</b> 10:00 Religious hour w Justin 11:00 Horse race game w Justin 1:00 Social hour in the garden 2:00 Fitness for life w Justin 3:00 Happy Hour (Singer) 5:00 Movie Night w Popcorn	<b>6</b> 10:00 Cafecito Time w Justin 11:00 Resistance Training w J 1:00 Social Hour in the Garden 2:00 Puppet hugs w Justin 2:30 Fit body and mind w Alejo 3:00 Happy hour w Harp 5:00 Elder Song Sing Along V2	<b>7</b> 10:00 Crafty Creations 11:00 Table Top Tactics 1:00 Social hour in the garden 2:00 Cognition Training 2:30 Fit body and mind w Alejo 3:00 Happy hour Violinist) 5:00 Starlight piano w Justin	<b>8</b> 10:00 Noreena Lectures 11:00 Belly Dancing w Katy 1:00 Social hour in the Garden 2:00 Music vibes 2:30 Fit body and mind w Alejo 3:00 Happy hour (Piano) 5:00 Oldie Goldie sing along	<b>9</b> 10:00 Music therapy w Trent 11:00 MCU Series: Writing 1:00 Social Hour in the Garden 2:00 Music Vibes 2:30 Fit body and mind w Alejo 3:00 Happy hour (Singer) 5:00 Sensory relief w Justin	<b>10</b> 10:00 CAT Pet Therapy 11:00 Tennis match w Alejandro 1:00 Social hour in the Garden 2:00 Prize Bingo! 2:30 Fit body and mind w Alejo 3:00 Happy hour (Guitar) 5:00 Aero Rumba w Katy	<b>11</b> 10:00 Brainteaser PowerPoint 11:00 Exercise w Alejandro 1:00 Social hour in the Garden 2:00 Fine Motor Skills Training 3:00 Happy hour (Piano) 5:00 Sensory relief w Katy
<b>12</b> 10:00 Religious hour w Justin 11:00 Horse race game w Justin 1:00 Social hour in the garden 2:00 Fitness for life w Justin 3:00 Happy hour (Singer) 5:00 Movie Night w Hot Tea	<b>13</b> 10:00 Cafecito Time w Justin 11:00 Resistance Training w J 1:00 Social Hour in the Garden 2:00 Puppet hugs w Justin 2:30 Fit body and mind w Alejo 3:00 Happy hour Harp 5:00 Elder Song Sing Along V3	<b>14</b> 10:00 Crafty Creations 11:00 Table Top Tactics 1:00 Social hour in the garden 2:00 Cognition Training 2:30 Fit body and mind w Alejo 3:00 Happy hour Violinist) 5:00 Starlight piano w Justin	<b>15</b> 10:00 Noreena Lectures 11:00 Belly Dancing w Katy 1:00 Social hour in the Garden 2:00 Music vibes 2:30 Fit body and mind w Alejo 3:00 Happy hour (Piano) 5:00 Oldie Goldie sing along	<b>16</b> 10:00 Music therapy w Trent 11:00 MCU Series: Arithmetic 1:00 Social Hour in the Garden 2:00 Music Vibes 2:30 Fit body and mind w Alejo 3:00 Happy hour (Piano) 5:00 Sensory relief w Justin	<b>17</b> 10:00 CAT Pet Therapy 11:00 Tennis match w Alejandro 1:00 Social hour in the Garden 2:00 Prize Bingo! 2:30 Fit body and mind w Alejo 3:00 Happy hour (Guitar) 5:00 Aero Rumba w Katy	<b>18</b> 10:00 Calvary Chapel Service 11:00 Exercise w Alejandro 1:00 Social hour in the Garden 2:00 Fine Motor Skills Training 3:00 Happy hour (Piano) 5:00 Sensory relief w Katy
<b>19</b> 10:00 Religious hour w Justin 11:00 Horse race game w Justin 1:00 Social hour in the garden 2:00 Fitness for life w Justin 3:00 Happy hour (Singer) 5:00 Movie Night w Popcorn	<b>20</b> 10:00 Cafecito Time w Justin 11:00 Resistance Training w J 1:00 Social Hour in the Garden 2:00 Puppet hugs w Justin 2:30 Fit body and mind w Alejo 3:00 Happy hour Harp 5:00 Elder Song Sing Along V4	<b>21</b> 10:00 Crafty Creations 11:00 Table Top Tactics 1:00 Social hour in the garden 2:00 Cognition Training 2:30 Fit body and mind w Alejo 3:00 Happy hour Violinist) 5:00 Starlight piano w Justin	<b>22</b> 10:00 Noreena Lectures 11:00 Belly Dancing w Katy 1:00 Social hour in the Garden 2:00 Music vibes 2:30 Fit body and mind w Alejo 3:00 Happy hour (Piano) 5:00 Oldie Goldie sing along	<b>23</b> 10:00 Music therapy w Trent 11:00 MCU Series: Reading 1:00 Social Hour in the Garden 2:00 Music Vibes 2:30 Fit body and mind w Alejo 3:00 Happy hour (Singer) 5:00 Sensory relief w Justin	<b>24</b> 10:00 CAT Pet Therapy 11:00 Tennis match w Alejandro 1:00 Social hour in the Garden 2:00 Prize Bingo! 2:30 Fit body and mind w Alejo 3:00 Happy hour (Guitar) 5:00 Aero Rumba w Katy	<b>25</b> 10:00 Brainteaser PowerPoint 11:00 Exercise w Alejandro 1:00 Social hour in the Garden 2:00 Fine Motor Skills Training 3:00 Happy hour (Piano) 5:00 Sensory relief w Katy
<b>26</b> 10:00 Religious hour w Justin 11:00 Horse race game w Justin 1:00 Social hour in the garden 2:00 Fitness for life w Justin 3:00 Happy hour (Singer) 5:00 Movie Night w Hot Tea	<b>27</b> 10:00 Cafecito Time w Justin 11:00 Resistance Training w J 1:00 Social Hour in the Garden 2:00 Puppet hugs w Justin 2:30 Fit body and mind w Alejo 3:00 Happy hour Harp 5:00 Elder Song Sing Along V1	<b>28</b> 10:00 Crafty Creations 11:00 Table Top Tactics 1:00 Social hour in the garden 2:00 Cognition Training 2:30 Fit body and mind w Alejo 3:00 Happy hour Violinist) 5:00 Starlight piano w Justin	<b>29</b> 10:00 Noreena Lectures 11:00 Belly Dancing w Katy 1:00 Social hour in the Garden 2:00 Music vibes 2:30 Fit body and mind w Alejo 3:00 Happy hour (Piano) 5:00 Oldie Goldie sing along	<b>30</b> 10:00 Music therapy w Trent 11:00 MCU Series: Writing 1:00 Social Hour in the Garden 2:00 Music Vibes 2:30 Fit body and mind w Alejo 3:00 Happy hour (Singer) 5:00 Sensory relief w Justin	<b>31</b> 10:00 CAT Pet Therapy 11:00 Tennis match w Alejandro 1:00 Social hour in the Garden 2:00 Prize Bingo! 2:30 Fit body and mind w Alejo 3:00 Happy hour (Guitar) 5:00 Aero Rumba w Katy	

# Family Wonka Easter

