



# The Gardens Gazette

Luxury Carefree Living for Active Seniors

Olga Gonzalez AL Activities Director

May 2024

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## A Message from Helen



Any problems, issues, or other questions? Call me on my cell at (786) 556-9009 or e-mail me at Helen@ThePalace.org.

Please say your name & your apartment number. ~Love, Helen

Shaham, Owner, The Palace Group

## Resident Bill of Rights

Did you Know that you have the right to...Make your own personal decisions ,exercise your civil Liberties, and practice your own religion.

# HAPPY BIRTHDAY!

- May 3—Nelson Sardinas
- May 7– Sadie Strano
- May 8--Barbara Gee-L.
- May 10-Richard Barnes 101**
- May 19-Debbie Cohn
- May 20-Merle Varnadoe
- May 28-Richard Elliot
- May 29-Barbara Freeman**

102 years!!



## Welcome May

The name May is derived from Maia. She happens to be a Greek Goddess, the Goddess of fertility, Spring and growth.



# Happy Mother's Day



# The Palace Gardens May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Blue—Wellness Activities Purple—Cognitive Activities Green—New Activities Red—Outings &amp; Special Events Orange-Religious</p>			<p>10:00 Get UP &amp; Move 1 10:30 Walking Club 11:00 Catholic Services 1:30 Dominos &amp; Cards 2:00 \$2.00 Bingo 3:00 Theater Club 4:15 Happy Hour w/Pamir 6:30 Action Movie Night</p>	<p>10:00 Get Up &amp; Move 2 10:30 Pool 11:00 Outing to Longhorn Steakhouse 1:30 Dominos &amp; Cards 2:00 TRIVIA 3:00 Blackjack 4:15 Happy Hour with Javier 6:45 Romance Movie Nigh</p>	<p>10:00 Get UP &amp; Move 3 10:30 Walking Club 11:00 Gardening 1:30 Dominos 2:00 Jeopardy 3:00 \$2.00 Bingo 4:15 Happy Hour w/ Tony 6:45 Mystery/Thriller Movie</p>	<p>10:00 Workout w/Moises 4 10:30 Pool 10:30 Virtual Shabbat 11:00 Mark's Singalong 2:00 Flower Arranging 3:00 In room visits 4:15 Happy Hour with Suo 6:45 Drama Movie Night Dog Therapy Visit !</p>
<p>9:30 Outing: Sacred Heart Catholic Church 5 10:00 Nails &amp; Spa 1:30 Classic Movie 2:00 Coffee &amp; Reading 3:00 \$2.00 Bingo 4:15 Special Happy Hour 6:45 Drama Movie Night 5 de Mayo Viva Mexico!</p>	<p>10:00 Get Up &amp; Move 6 10:30 Walking Club 11:00 Rumba with Kathy 1:30 Dominos &amp; Cards 1:45 Canvas w/ Terrie 3:00 Blackjack 4:15 Happy Hour with Ariel 6:45 Comedy Movie Night</p>	<p>10:00 Get Up &amp; Move 7 10:30 Pool 10:30 Jewelry Design w/ Gisela 1:30 Dominos &amp; Cards 1:45 Arts &amp; Crafts w/Terri 3:00 Gardening 4:15 Happy Hour Heriberto 6:45 Sci Fi Movie Night</p>	<p>10:00 Get UP &amp; Move 8 10:30 Walking Club 11:15 Jeopardy 1:30 Dominos &amp; Cards 2:00 \$2.00 Bingo 3:00 Scrapbook Factory 4:15 Happy Hour w/Anabel 6:30 Action Movie Night</p>	<p>10:00 Get Up &amp; Move 9 10:30 Pool 10:45 Pin Pong /Bowling 1:30 Dominos &amp; Cards 2:00 TRIVIA 3:00 Blackjack 4:15 Happy Hour with Javier 6:45 Romance Movie Night</p>	<p>10:00 Get UP &amp; Move 10 10:30 Walking Club 1:30 Dominos 2:00 Movie/ Documentary at The Plaza 3:45 Jewish Service w/Eilat 4:15 Happy Hour w/Freddie 6:45 Mystery Movie Night</p>	 <p>Saturday, May 11th   12 - 2 PM</p> <p>Arts &amp; Crafts dedicated to Mom Photo Booth Live Band</p>
<p>9:30 Outing: Sacred Heart Catholic Church 12 10:00 Nails &amp; Spa 1:30 Classic Movie 2:00 Coffee &amp; Reading 3:00 \$2.00 Bingo 4:15 Happy Hour w/ Anays 6:45 Drama Movie Night Dog Therapy Visit !</p>	<p>10:00 Get Up &amp; Move 13 10:30 Walking Club 11:00 Belly Dancing w/ Kathy 1:30 Dominos &amp; Cards 2:00 Jeopardy 3:00 Blackjack 4:15 Happy Hour w/Tony 6:45 Comedy Movie Night</p>	<p>10:00 Get Up &amp; Move 14 10:30 Pool 10:30 Jewelry Design w/ Gisela 1:30 Dominos &amp; Cards 1:45 Arts &amp; Crafts w/ Terri 3:00 Gardening 4:15 Happy Hour Heriberto 6:45 Sci Fi Movie Night</p>	<p>10:00 Get UP &amp; Move 15 10:30 Walking Club 10:45 Bowling 2:00 \$2.00 Bingo 1:30 Dominos &amp; Cards 3:00 First Baptist Church of Homestead Serv. Pastor Howard 4:15 Happy Hour w/Pamir 6:45 Action Movie Night</p>	<p>10:00 Get Up &amp; Move 16 10:30 Pool 10:45 Documentaries 10:30 Cracker Barrel Old Country Store 1:30 Dominos &amp; Cards 2:00 TRIVIA 3:00 Blackjack 4:15 Happy Hour with Javier 6:45 Romance Movie Night</p>	<p>10:00 Get UP &amp; Move 17 10:30 Walking Club 11:00 Gardening 1:30 Dominos &amp; Cards 2:00 Jeopardy 3:00 \$2.00 Bingo 4:15 Happy Hour w/Cassio 6:45 Thriller Movie Night</p>	<p>10:00 Workout w/Moises 18 10:30 Pool 10:30 Virtual Shabbat 11:00 Mark's Singalong 2:00 Flower Arranging 3:00 In room visits 4:15 Happy Hour with Suo 6:45 Drama Movie Night Dog Therapy Visit !</p>
<p>9:30 Outing :Sacred Heart Catholic Church 19 10:00 Nails &amp; Spa 1:30 Classic Movie 2:00 Coffee &amp; Reading 3:00 \$2.00 Bingo 4:15 Happy Hour w/ Ariel 6:45 Drama Movie Night Dog Therapy Visit !</p>	<p>10:00 Get Up &amp; Move 20 10:30 Walking Club 11:00 Rumba with Kathy 1:30 Dominos &amp; Cards 1:45 Canvas w/ Terrie 3:00 Blackjack 4:15 Special Happy Hour w /Pedro 6:45 Comedy Movie Night</p>	<p>10:00 Get Up &amp; Move 21 10:30 Pool 10:30 Jewelry Design w/ Gisela 1:30 Dominos &amp; Cards 1:45 Arts &amp; Crafts w/ Terri 3:00 Gardening 4:15 Happy Hour Heriberto 6:45 Sci Fi Movie Night</p>	<p>10:00 Get UP &amp; Move 22 10:30 Walking Club 11:15 Jeopardy 1:30 Dominos &amp; Cards 2:00 \$2.00 Bingo 3:00 Canva Painting 4:15 Happy Hour w/Anabel 6:30 Action Movie Night </p>	<p>10:00 Get Up &amp; Move 23 10:30 Pool 10:00 Outing to P.J Chang's 10:45 History Documentaries 1:30 Dominos &amp; Cards 2:00 TRIVIA 3:00 Blackjack 4:15 Happy Hour w/Javier 6:45 Romance Movie Night</p>	<p>10:00 Get UP &amp; Move 24 10:30 Walking Club 11:00 Gardening 1:30 Dominos &amp; Cards 2:00 Jeopardy 3:00 \$2.00 Bingo 3:45 Jewish Service w/Eilat 4:15 Happy Hour with Tony 6:45 Mystery Movie Night</p>	<p>10:00 Workout w/Moises 25 10:30 Pool 10:30 Virtual Shabbat 11:00 Mark's Singalong 2:00 Cards &amp; More 3:00 In room visits 4:15 Happy Hour with Suo 6:45 Drama Movie Night Dog Therapy Visit !</p>
<p>9:30 Outing: Sacred Heart Catholic Church 26 10:00 Nails &amp; Spa 1:30 Classic Movie 2:00 Coffee &amp; Reading 3:00 \$2.00 Bingo 4:15 Happy Hour w/ Anays 6:45 Drama Movie Night</p>	<p>10:00 Get Up &amp; Move 27 10:30 Walking Club 11:00 Karaoke w/ Kathy 1:30 Dominos &amp; Cards 2:00 Jeopardy 3:00 Blackjack 4:15 Happy Hour w/Pedro 6:45 Comedy Movie Night</p>	<p>10:00 Get Up &amp; Move 28 10:30 Pool 10:30 Jewelry Design Gisela 1:30 Dominos &amp; Cards 1:45 Arts &amp; Crafts w/Terrie 3:00 Gardening 4:15 Happy Hour Heriberto 6:45 Sci Fi Movie Night</p>	<p>10:00 Get UP &amp; Move 29 10:30 Walking Club 11:00 Council Meeting 1:30 Dominos &amp; Cards 2:00 \$2.00 Bingo 3:00 Canva Painting 4:15 Happy Hour w/Pamir 6:30 Action Movie Night</p>	<p>10:00 Get Up &amp; Move 30 10:30 Pool 10:00 Outing to Black Point 10:45 Animal Documentaries 1:30 Dominos &amp; Cards 2:00 Guess the Celebrity 3:00 Blackjack 4:15 Happy Hour w/Javier 6:45 Romance Movie Night</p>	<p>10:00 Get UP &amp; Move 31 10:30 Walking Club 11:30 Theater Club 1:30 Dominos &amp; Cards 2:00 Outing to Publix 3:00 \$2.00 Bingo 3:45 Jewish Service w/Eilat 4:15 Happy Hour with Freddie 6:45 Mystery Movie Night</p>	<p>Please RSVP by Monday May 6th</p> <p>at 305-247-0446 Or email Ogonzalezthepalace.com</p> 

# Looking Back at April



Time for  
tea  
Wedding  
Celebration



Outings

Dog Show



Pool Time!!



Easter Party

## Health & Wellness

Get Up & Move: Mon-Fri at 10:00 am

Workout with Moises: Saturdays at  
9:30am

Water Aerobics: Tuesdays,  
Thursdays and Saturdays at 10:30 am

Gym Hours: Mon-Fri 9:30 am-5:30pm.

## Dining Room Hours

Breakfast 8:30- 9:30am

Lunch 12:30-1:30pm

Daily Happy Hour 4:15-5:15pm

Dinner 5:30-6:30pm

Please call ahead to dine with your loved ones



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